

**Greetings Friends!** 

We invite you to use the attached resources in whatever way you see fit to enter into a Lenten journey with us!

Join us in 40 days of journeying toward an entirely New Normal- the ultimate New Normal-Resurrection Day and the power of New Life! Easter! We hope and pray that this journey might bring you into partnership with our mission!

We are looking to grow our e-mail prayer chain, recruit new Therapeutic Foster Parents and fund our Spiritual Life Department.

As part of your Lenten preparations, we've included a double-sided bulletin insert with 6 weeks' worth of meditations. We included all 6 so those who miss a week can still participate in the full series. These meditations can also be used separately as weekly memes to post on social media.

Thank you for all the ways you support AK Child & Family as we bring hope to young Alaskans working to heal from traumas of every kind!

visit <u>www.akchild.org</u> for more info or to make a secure on-line donation

AK Child & Family is an Ecumenical Mission of:









The Disciples of Christ

The American Baptist Church

The United Methodist Church

The ELCA

We wish you blessings, good health and peace during these Holy Days and always!