



The Tip of the Week

Additional Items to Consider Adding to an Emergency Supply Kit

- ❖ Prescription medications and glasses
- ❖ Infant formula and diapers
- ❖ Pet food and extra water for your pet
- ❖ Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container
- ❖ Cash or traveler's checks and change
- ❖ Emergency reference material such as a first aid book or information from www.ready.gov
- ❖ Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-weather climate.
- ❖ Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes. Consider addition all clothing if you live in a cold-weather climate.
- ❖ Household chlorine bleach and medicine dropper "When diluted nine parts water to one part bleach, bleach can be used as a disinfectant. Or in an emergency, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.
- ❖ Fire Extinguisher
- ❖ Matches in a waterproof container
- ❖ Feminine supplies and personal hygiene items
- ❖ Mess kits, paper cups, plates and plastic utensils, paper towels
- ❖ Paper and pencil
- ❖ Books, games, puzzles or other activities for children
- ❖ Go to <http://www.ready.gov/> for help in developing a family emergency plan



Alaska Synod

Evangelical Lutheran Church in America

God's work. Our hands.